

LESSON NOTES

Cantonese Vocab Builder S1 #25

Top 10 Foods That Will Make You Live Longer

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VOCABULARY

Traditional	Romanization	English	Class
大蒜	daai6 syun3	garlic	noun
香蕉	hoeng1 ziu1	banana	noun
牛油果	ngau4 jau4 gwo2	avocado	noun
魚	jyu2	fish	noun
藍莓	laam4 mui4	blueberry	noun
豆腐	dau6 fu6	tofu	noun
綠茶	luk6 caa4	green tea	noun
紅酒	hung4 zau2	red wine	noun
麥皮	mak6 pei4	oatmeal	noun
夏威夷果仁	haa6 wai1 ji4 gwo2 jan4	macadamia nut	noun

SAMPLE SENTENCES

<p>香蕉好有營養。</p> <p><i>hoeng1 ziu1 hou2 jau5 jing4 joeng5.</i></p> <p>Banana is full of nutritions.</p>	<p>香蕉含有豐富鉀質。</p> <p><i>hoeng1 ziu1 ham4 jau5 fung1 fu3 gaap3 zat1.</i></p> <p>Bananas are rich in potassium.</p>
<p>鷹突然撲下來抓魚。</p> <p><i>jing1 dat6 jin4 pok3 haa6 loi4 zaa1 jyu4</i></p> <p>The eagle is flying and swooping for fish.</p>	<p>我要一支紅酒。</p> <p><i>ngo5 jiu3 jat1 zi1 hung4 zau2.</i></p> <p>I'd like a bottle of red wine.</p>