

LESSON NOTES

Cantonese Vocab Builder S1 #33

Vegetables

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VOCABULARY

Traditional	Romanization	English	Class
大蒜	daai6 syun3	garlic	noun
薯仔	syu4 zai2	potato	noun
大豆	daai6 dau2	soybean	noun
粟米	suk1 mai5	corn	noun
蕃薯	faan1 syu2	sweet potato	noun
紅蘿蔔	hung4 lo4 baak6	carrot	noun
白蘿蔔	baak6 lo4 baak6	turnip	noun
洋葱	joeng4 cung1	onion	noun
蔬菜	so1 coi3	vegetable	noun
蘑菇	mo4 gu1	mushroom	noun
生菜	saang1 coi3	lettuce	noun
青瓜	ceng1 gwaa1	cucumber	noun
西蘭花	sai1 laan4 faa1	broccoli	noun
燈籠椒	dang1 lung4 ziu1	bell pepper	noun
菠菜	bo1 coi3	spinach	noun
辣椒	laat6 ziu1	chili pepper	noun
矮瓜	aai2 gwaa1	eggplant	noun
西芹	sai1 kan2	celery	noun
椰菜花	je4 coi3 faa1	cauliflower	noun
椰菜	je4 coi3	cabbage	noun
芽菜	ngaa4 coi3	bean sprout	noun

SAMPLE SENTENCES

<p>這薯仔來自秘魯。 <i>ze2 syu4 zai2 loi4 zi6 bei3 lou5.</i></p> <p>Potatoes come from Peru.</p>	<p>毛豆在莢子內生長。 <i>mou4 dau6 zoi6 haap3 zi2 noi6 sang1 zoeng2.</i></p> <p>Soybeans grow inside the pods.</p>
<p>胡椒、西蘭花、翠玉瓜、韭黃、紅蘿蔔、茄子和生菜都是蔬菜。 <i>wu4 ziu1, sai1 laan4 faa1, ceoi3 juk6 gwaa1, gau2 wong4, hung4 lo4 baak6, ke2 zi2 wo4 saang1 coi3 dou1 si6 so1 coi3.</i></p> <p>Peppers, broccoli, zucchini, leeks, carrots, eggplants, and lettuce are all vegetables.</p>	<p>洋蔥基本上分四種：黃、白、紅及甜的。 <i>joeng4 cung1 gei1 bun2 soeng6 fan1 sei3 zung2 : wong4, baak6, hung4 kap6 tim4 dik1.</i></p> <p>There are four basic types of onions: yellow and brown, white, red, and sweet.</p>
<p>胡椒、西蘭花、翠玉瓜、韭黃、紅蘿蔔、茄子和生菜都是蔬菜。 <i>wu4 ziu1, sai1 laan4 faa1, ceoi3 juk6 gwaa1, gau2 wong4, hung4 lo4 baak6, ke2 zi2 wo4 saang1 coi3 dou1 si6 so1 coi3.</i></p> <p>Peppers, broccoli, zucchini, leeks, carrots, eggplants, and lettuce are all vegetables.</p>	<p>需要好嘅泥土先可以種出好嘅蔬菜。 <i>seoi1 jiu3 hou2 ge3 nai4 tou2 sin1 ho2 ji5 zung2 ceot1 hou2 ge3 so1 coi3.</i></p> <p>You need good soil to grow good vegetables.</p>
<p>胡椒、西蘭花、翠玉瓜、韭黃、紅蘿蔔、茄子和生菜都是蔬菜。 <i>wu4 ziu1, sai1 laan4 faa1, ceoi3 juk6 gwaa1, gau2 wong4, hung4 lo4 baak6, ke2 zi2 wo4 saang1 coi3 dou1 si6 so1 coi3.</i></p> <p>Peppers, broccoli, zucchini, leeks, carrots, eggplants, and lettuce are all vegetables.</p>	<p>青瓜含有維他命C。 <i>ceng1 gwaa1 ham4 jau5 wai4 taa1 ming6 C.</i></p> <p>Cucumbers contain vitamin C.</p>
<p>胡椒、西蘭花、翠玉瓜、韭黃、紅蘿蔔、茄子和生菜都是蔬菜。 <i>wu4 ziu1, sai1 laan4 faa1, ceoi3 juk6 gwaa1, gau2 wong4, hung4 lo4 baak6, ke2 zi2 wo4 saang1 coi3 dou1 si6 so1 coi3.</i></p> <p>Peppers, broccoli, zucchini, leeks, carrots, eggplants, and lettuce are all vegetables.</p>	<p>最普遍的燈籠椒是青椒，紅椒或黃椒。 <i>zeoi3 pou2 pin3 dik1 dang1 lung4 ziu1 si6 ceng1 ziu1, hung4 ziu1 waak6 wong4 ziu1.</i></p> <p>The most common bell peppers are green, red or yellow.</p>

菠菜含有豐富鐵質及鈣質。

*bo1 coi3 ham4 jau5 fung1 fu3 tit3 zat1 kap6 koi3
zat1。*

Spinach is a rich source of iron and
calcium.

我細個唔鍾意食矮瓜，但係而家好
鍾意食。

*ngo5 sai3 go3 m4 zung1 ji3 sik6 aai2 gwaa1,
daan6 hai6 ji4 gaa1 hou2 zung1 ji3 sik6.*

I didn't like eating eggplant when I was
young, but now I like it.

吃西芹時燒耗的卡路里比吸收得到的更多。

It takes more calories to eat celery than you get by eating it.
