

LESSON TRANSCRIPT

Culture Class: Essential Cantonese Vocabulary S1 #19

Commonly used medicines and drugs

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INTRODUCTION

Gabriella: Hi everyone, I'm Gabriella.

Olivia: And I'm Olivia!

Gabriella: And welcome to Culture Class: Essential Cantonese Vocabulary, Lesson 19!

In this lesson you'll learn five essential words related to health and emergencies.

These are five common medicines and drugs in Cantonese. Hand picked. You can find a complete list of vocabulary at CantoneseClass101.com

FIVE KEY VOCABULARY ITEMS

Gabriella: Olivia, what's our first word?

Olivia: 必理痛

Gabriella: Panadol

Olivia: (slow) 必理痛 (regular) 必理痛

Gabriella: Listeners, please repeat:

Olivia: 必理痛

[pause - 5 sec.]

Gabriella: Panadol is the most common pain killer used in Hong Kong.

Gabriella: Now let's hear a sample sentence using this word.

Olivia: (normal) 必理痛每日最多食八粒。

Gabriella: Do not take more than eight Panadol pills in a day.

Olivia: (slow) 必理痛每日最多食八粒。

Gabriella: Okay, what's the next word?

Olivia: 川貝枇杷露

Gabriella: Nin Jiom Pei Pa Koa

Olivia: (slow) 川貝枇杷露 (regular) 川貝枇杷露

Gabriella: Listeners, please repeat:

Olivia: 川貝枇杷露

[pause - 5 sec.]

Gabriella: Nin Jiom Pei Pa Koa is a traditional Chinese herbal remedy used to relieve sore throat, cough, hoarseness, and loss of voice.

Gabriella: Now let's hear a sample sentence using this word.

Olivia: (normal) 食川貝枇杷露可以止咳。

Gabriella: Nin Jiom Pei Pa Koa can stop

coughing.

Olivia: (slow) 食川貝枇杷露可以止咳。

Gabriella: Okay, what's the next word?

Olivia: 白花油

Gabriella: White Flower oil

Olivia: (slow) 白花油 (regular) 白花油

Gabriella: Listeners, please repeat:

Olivia: 白花油

[pause - 5 sec.]

Gabriella: White Flower oil can be used on the outside of the body to relieve stuffy noses, minor chest congestion, and muscle pain. It can also help with travel and motion sickness.

Gabriella: Now let's hear a sample sentence using this word.

Olivia: (normal) 嫲嫲每次坐船都帶定支白花油傍身。

Gabriella: Every time my grandmother takes the ferry, she brings a bottle of White Flower oil with her.

Olivia: (slow) 嫲嫲每次坐船都帶定支白花油傍身。

Gabriella: Okay, what's the next word?

Olivia: 廿四味

Gabriella: 24 flavors Cantonese herbal tea

Olivia: (slow) 廿四味 (regular) 廿四味

Gabriella: Listeners, please repeat:

Olivia: 廿四味

[pause - 5 sec.]

Gabriella: The name of this product refers to the fact that it contains up to 24 different ingredients. It is a brand of Cantonese herbal tea which is sometimes drunk for medicinal purposes.

Gabriella: Now let's hear a sample sentence using this word.

Olivia: (normal) 喉嚨有啲痛，都係飲定杯廿四味先。

Gabriella: I got a bit of a sore throat. I better drink some 24 flavors herbal tea just in case.

Olivia: (slow) 喉嚨有啲痛，都係飲定杯廿四味先。

Gabriella: Okay, what's the last word?

Olivia: 西瓜霜

Gabriella: Watermelon Frost

Olivia: (slow) 西瓜霜 (regular)

西瓜霜

Gabriella: Listeners, please repeat:

Olivia: 西瓜霜

[pause - 5 sec.]

Gabriella: Watermelon Frost is a fragrant powder that comes in a spray bottle. It is used to treat mouth sores and canker sores.

Gabriella: Now let's hear a sample sentence using this word.

Olivia: (normal) 我又生飛滋喇，你幫我買支西瓜霜咁唔該。

Gabriella: I got mouth sores again. Could you please buy a bottle of Watermelon Frost for me?

Olivia: (slow) 我又生飛滋喇，你幫我買支西瓜霜咁唔該。

QUIZ

Gabriella: Okay listeners, are you ready to be quizzed on the words you just learned?

Olivia will give you the Cantonese – please say the English meaning out loud! Are you ready?

Olivia: 必理痛

[pause] Gabriella: Panadol

Olivia: 川貝枇杷露

[pause] Gabriella: Nin Jiom Pei Pa Koa

Olivia: 白花油

[pause] Gabriella: White Flower oil

Olivia: 廿四味

[pause] Gabriella: 24 flavors Cantonese herbal tea

Olivia: 西瓜霜

[pause] Gabriella: Watermelon Frost

OUTRO

Gabriella: There you have it – five commonly used medicines and drugs in Hong Kong! We have more vocab lists available at CantoneseClass101.com, so be sure to check them out. Thanks everyone, see you next time!

Olivia: 拜拜!