



Video S1

What's in Your Daily Cycle of Cantonese?

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Vocabulary

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Traditional	Jyutping	English
醒	sing2	wake up
刷牙	caat3 ngaa4	brush teeth
洗臉	sai2 min6	wash face
食早餐	sik6 zou2 caan1	eat breakfast
上下班	soeng5 haa6 baan1	commute to work

Vocabulary Sample Sentences

男孩醒來，起床了。	naam5 haai4 sing2 loi4 hei2 cong4 liu5	The boy wakes up and leaves his bed.
女人正在刷牙。	neoi5 jan2 zing3 zoi6 caat3 ngaa4	The woman is brushing her teeth.
女孩在洗臉。	neoi5 haai4 zoi6 sai2 min6	The woman is washing her face.
家人在一起食早餐。	gaa1 jan4 zoi6 jat1 hei2 sik6 zou2 caan1	The family is eating breakfast together.
人們坐火車上下班。	gaa1 jan4 zoi6 jat1 hei2 sik6 zou2 caan1	The people are commuting to work by train.