

LESSON NOTES

Survival Phrases S1 #47

Saying You're a Vegetarian in Cantonese

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TRADITIONAL CHINESE

1. 我食齋。
2. 我唔食肉。
3. 我唔食芝士。
4. 有冇肉咖?
5. 有冇辣椒咖?

JYUTPING

1. ngo5 sik6 zaai1 .
2. ngo5 m4 sik6 juk6 .
3. ngo5 m4 sik6 zi1 si2 .
4. jau5 mou5 juk6 gaa3 ?
5. jau5 mou5 laat6 ziu1 gaa3 ?

ENGLISH

1. I'm vegetarian.
2. I don't eat meat.

CONT'D OVER

3. I don't eat cheese.
4. Does this have meat?
5. Does this have chili?

VOCABULARY

Traditional	Romanization	English	Class
肉	juk6	meat	noun
辣椒	laat6 ziu1	chili, pepper	noun
齋	zaai1	vegetarian dish	noun
咖	gaa3	particle that indicates question or doubt	particle

SAMPLE SENTENCES

<p>我唔食肉。 <i>ngo5 m4 sik6 juk6.</i></p> <p>I don't eat meat.</p>	<p>太多辣椒。 <i>taai3 do1 laat6 ziu1 .</i></p> <p>Too much chilli.</p>
<p>有冇齋菜? <i>jau5 mou5 zaai1 coi3?</i></p> <p>Do you have a vegetarian dish?</p>	<p>係未咖? <i>hai6 mei6 gaa3?</i></p> <p>Is it?</p>

VOCABULARY PHRASE USAGE

Another way of saying "vegetarian food" is 素食 (*sou3 sik6*).

"I'm a vegetarian." is 我係素食主義者。 (ngo5 hai6 sou3 sik6 zyu2 ji6 ze2.)

CULTURAL INSIGHT

Quick Tip: 1

Cantonese restaurants may not offer as many options for vegetarians, but if you're looking for places for vegetarians in Hong Kong, you can find them on this site:

<http://vegan.hk/Vegan-Rest.html>